



December 2018 UPDATE

Dear Friends of Brooke,

We're writing to update you on what your contributions to the Brooke Forbes Legacy Fund made possible in 2018.

This year, we were delighted to partner again with Agora Employment Essentials, a social enterprise set up by the Mennonite Central Committee (MCC). We put out a call for proposals and we thought Agora's was the best proposal to carry on Brooke's legacy.

Agora used the funds to hire a rap and spoken word artist – Saint Soldier (Amrit Saggi) – to help four young people tell their stories through creating and performing a spoken word piece. Saint Soldier had done something similar before in a rap class at a local Middle School in Abbotsford, BC. A photo of him with his Middle School students was used to promote the Brooke-funded program.



**SPEAK YOUR MIND**  
Telling Your Story through Spoken Word

**LEARN TO SPEAK WITH IMPACT**  
With Hip Hop and Spoken Word Artist **SAINT SOLDIER** and Mindfulness Instructor **BRANDI MATHESON**

Ages 15 to 24  
5 Sessions starting October 23, 2018  
Tuesdays from 2:30 – 5:30 pm

For more information or to apply  
CALL: 604-859-6790  
EMAIL: jdawson@mccce.ca

 **MCC** | Community Enterprises In partnership with Abbotsford Community Services and CIVL radio, through funding from the Brooke Forbes Legacy Fund.

Agora partnered with CIVL Radio, a campus and community radio station that broadcasts to the Fraser Valley outside Metro Vancouver.

Four young people had five sessions with Saint Soldier and the manager of CIVL. They learned how to find their story and write, perform, record and edit it. Each session started with Mindfulness training and practise. While the participants came to learn about spoken word and radio, they found the mindfulness training helped them relax, both in the sessions and in life!

All the pieces will be broadcast, along with interviews with the participants and Saint Soldier.

The four participants in Speak Your Mind were all very positive about the program.



They described the experience as healing. One called it life changing. That's the kind of impact Brooke was aiming for when she ran her radio camps for minority youth at CBC Toronto.

As you know, the Fund was established in 2006 to honour our friend Brooke. This year, we passed the \$60,000 mark with \$60,459.28 in the Fund. Our grant to Agora was \$2,399.

Thank you for contributing to the Fund over the years. You can continue to do so through [Vancity Community Foundation](#). You will receive a tax receipt for any donation of \$20 or more.

We'd like to wish you all the best of the holiday season and a happy and healthy 2019!

Cheers,

Joan Andersen, Joy Crysdale, Karen Levine and Sid Sawyer  
Brooke Forbes Legacy Fund Advisory Committee